## A story of the universe

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There was no beginning, but we humans like to think of beginnings so with help from astronomers and physicists we called it the Big Bang. There was something before the Big Bang - because something cannot come out of nothing.

So the story begins, thus:

Before the beginning there was energy - boundless, formless, unlimited energy. This energy contained the potential for everything. Let us call this energy Intelligence, Quintessence, Being, Consciousness. Before the big bang this energy existed as if in the still point between cosmic thoughts, brimming with potential.

Then there was intent, and a cosmic thought followed. Stillness was agitated and the energy it held was expressed in moving waves, in activity and noise. The cosmic thought expressed trillions of potentials and gave rise to energy in many forms including gravity, nuclear forces, electricity and magnetism, darkness and light, and waves that became particles of matter. Time/space came into being.

As one thing was expressed it affected another, so infinite permutations of possibility found their place in the universe. Particles emerged from the primordial soup, atoms were formed, molecules came together and settled into myriad patterns. Matter was drawn to matter by the force of attraction and was held from collapsing in on itself by a force of repulsion. Some matter formed stars, planets and galaxies, some formed the DNA of animals that had passions, drives and emotions; some formed plant life so there was sustenance for all living beings. Orgasm had arrived in the universe. And just as Intelligence gave rise to particles, the particles also disintegrated, so there was constant activity of creation and dissolution. Galaxies were born, blazed, then exploded and disappeared into black holes. On earth, there were cycles of birth and death. The only certain thing was change within the endless formless stillness. Energy was constantly flowing even though to mortal man the world seemed permanent and solid.

Some men and women immersed their beings in the cosmic everything-nothing and discovered peace. They shared their insight. Thus were religions born, each carrying a message of love, kindness and connectivity and an invitation to see beyond the illusion of permanence and solidity. But different seers disagreed with

one another, and there were also politicians who turned religions into social order - many of the humans of the earth became confused and fought for their belief, following the natural order of defending and striving for survival.

Some men and women placed the highest value on possessions so that although there was enough on the earth for everyone's need, there was not enough for everyone's greed. Village disputes grew in proportion and soon entire continents were fighting each other. Many people put more money and thought into weapons and death than into food and life, but there were also those who found beauty at every turn and continued to fill their personal worlds with love and kindness. Meanwhile animals filled the oceans, the earth, the forests and the mountain peaks, and coped with changes in climate by dying and evolving.

At the end of the cosmic thought activity was at its peak. Billions upon billions of galaxies shone out through the cosmos and there were infinite spectrums of colour, scent and sound. Men and women travelled thousands of miles from the earth and even dogs made it into space. There was frenzied activity.

Then the next cosmic thought brought change to the universe, allowing active matter to gradually revert to oneness and stillness. The space between galaxies grew larger as the force of repulsion became stronger than the force of attraction. Stars faded and dissolved into the nothing/everything of black holes. Living beings came to an end and there were no more births. Light, movement and noise declined as activity was replaced by stillness.

As the thought came to a close there was once again boundless, formless, unlimited Intelligence without expression. And then there was another thought that began with a burst of noise, light and activity, as Intelligence expressed itself in infinity once again.